

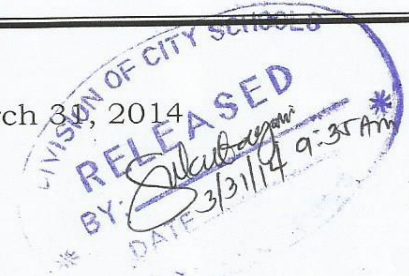


Republic of the Philippines
Department of Education
National Capital Region
DIVISION OF CITY SCHOOLS
City of Mandaluyong

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March 31, 2014



MEMORANDUM

TO : Assistant Schools Division Superintendent
Education Program Supervisor/Public School District Supervisors
Principals, Public Elementary and Secondary Schools

This is to inform the field regarding the **Division Seminar on Physical and Emotional Well-Being Among Senior Citizens of DepEd Mandaluyong City and Tribute to Senior Citizen Retirees** on **April 4-5, 2014** at the **Vista Venice, Sitio Marucdoc, Morong, Bataan**.

Attached is the **List of National DepEd Retirees** to be given recognition together with the Senior Citizens in every school.

In this regard, it is expected that the **School Head** will assign **Senior Citizen Coordinator** to make sure that the invitation for the retirees are properly delivered, and the Senior Citizens Activities in every school are properly coordinated.

Immediate dissemination of this **Memorandum** is desired.


EVANGELINE P. LADINES, CESO VI
Schools Division Superintendent

/mcv/egd/

DIVISION OF CITY SCHOOLS
City of Mandaluyong

LIST OF RETIREES BY SCHOOL TO BE GIVEN RECOGNITION

Mandaluyong High School

1. Rey Dante A. Delos Reyes
2. Rodolfo V. Sanchez
3. Helen J. Abraham
4. Severina DC. Aducal

Jose Fabella Memorial School

1. Virginia H. Licyayo
2. Carlos C. Dela Cruz
3. Wilfred F. Abugan
4. Anatalia Biason

Highway Hills Integ. School

1. Teresita M. Aguilar

Mandaluyong Elem. School

1. Elena F. Garcia
2. Antonia M. Ramirez
3. Florencia G. Abuel
4. Juana A. Anselmo

Hulo Elementary School

1. Filomena V. Marquez
2. Teresita R. Cruz
3. Felicidad B. Chua

Pedro P. Cruz Elem. School

1. Natividad D. Maribao
2. Lilia U. Alibayan
3. Nancy C. De Leon
4. Perla J. Dava

Andres Bonifacio Integrated School

1. Virginia R. Carrillo

Eulogio Rodriguez Integrated School

1. Evaquilina T. Aterrado
2. Rolando A. Cristobal

Doña Pilar C. Gonzaga Elem. School

1. Luciana I. Montales
2. Myrna S.A. Cruzat
3. Rosa DS. Medrano

Ilaya Barangka Integrated School

1. Henedina C. Guerrero

Isaac Lopez Integrated School

1. Teresita M. Bumulo

Doña Basilisa Yangco Elem. School

1. Fe O. Antolin

Plainview Elementary School

1. Imelda V. Abaigar

Filemon P. Javier Elementary School

1. Dulce L. Camara

Amado T. Reyes Elem. School

1. Evelyn B. Sto. Tomas

Division Office

1. Josefina S. Espeso
2. Margarita S. Pelagio

DIVISION OF CITY SCHOOLS
City of Mandaluyong

**DIVISION SEMINAR ON PHYSICAL AND EMOTIONAL WELL-BEING AMONG
SENIOR CITIZENS OF DepEd MANDALUYONG CITY
AND TRIBUTE TO SENIOR CITIZEN RETIREES**
April 4-5, 2014 at Villa Venice, Sitio Marucdoc, Morong, Bataan

SCHEDULE OF ACTIVITIES

TIME	DAY 1-April 4, 2014	TIME	DAY 2-April 5, 2014
6:00-6:45	<i>Registration (D.O.)</i>	7:00-8:00	BREAKFAST
7:00-10:00	<i>Travel time to Vista Venice</i>	8:00-9:00	UNFREEZING Mr. Goldberge Jun Cruz
10:00-10:20	SNACKS	9:00-9:30	SNACKS
10:20-11:20	<i>Orientation and Opening Program</i>	9:30-12:00	<i>Tribute to Senior Citizen Retirees & Closing Program</i>
11:30-12:00	<i>Settling Down of Room Assignment</i>	12:00-1:00	LUNCH
12:00-1:00	LUNCH	1:00-2:00	CHECK-OUT
1:00-3:00	<i>Lecture: Preferred Food and Diet for Senior Citizens and Healthful Commands for Wellness and Healthy Lifestyle Dr. _____</i>	2:00	<i>Home Sweet Home</i>
3:00-3:30	SNACKS		
3:30-5:00	<i>Lecture: Engaging in doable and suitable relaxation skills and recreation activities to enhance physical and emotional well-being Mr. Goldberge Jun Cruz</i>		<i>Take Home P.M. Snacks</i>
5:00-6:00	<i>Relaxation & Bonding Time for Senior Citizens</i>		
6:00-7:00	DINNER		
7:00-9:00	<i>Senior Citizens Time & Showcase of Talents</i>		
Officer of the Day	<i>Ms. Erdelinda G. Diaz</i>	Officer of the Day	<i>Mrs. Lourdes P. Dela Cruz</i>