Republic of the Philippines
Department of Education
National Capital Region
DIVISION OF CITY SCHOOLS
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October 14, 2014

DIVISION OF CITY SCHOOLS
RELEASED
BY:
DATE 10/14/2014 10:00AM
MANDALUYONG

DIVISION MEMORANDUM

TO: Education / District Supervisors
Principals, Public Secondary Schools

To strengthen the implementation of K to 12 Program in MAPEH, a division enhancement training-seminar will be conducted on **October 18, 25, 2014 and November 8, 2014, 8:00-5:00 P.M.** at the **Division Office Conference Hall.**

The training aims to:

a. Enhance teachers' skills in the teaching of MAPEH for better understanding of the curriculum, its content, instructional strategies that will facilitate students' learning.

b. Develop graceful and rhythmic coordination of the body movements that will improve teaching skills and competence of Philippine music and folk dances.

Participants to the said training are three (3) MAPEH teachers from each secondary school preferably Grade 7-9 teachers. Attached is the training matrix of the activity.

Immediate dissemination of this **Memorandum** is desired.

NERISSA L. LOSARIA
Officer In-charge
Office of the Schools Division Superintendent

ENHANCEMENT TRAINING FOR MAPEH TEACHERS

Division Office Conference Hall

Time	Day 1	Day 2	Day 3
7:30-8:00	Registration	Registration	Registration
8:00-8:30	Preliminaries/ Opening Program	Learning Competencies /Budget of Work Grade 8 Prudence Palon- MT-1 (MPNAG)	Learning Competencies/ Budget of Work Grade 9 Prima Donna Magno MAPEH Teacher-MPNAG
8:30-9:00	Learning Competencies/ Budget of Work Grade 7 Ma. Teresa Carranza- MT-1 (MPNAG)		
9:00-9:30	Historical Background of Philippine Folk Dances Mr. Rex A. Ado- EPS-1	Teaching Strategies in MAPEH Ms. Emma Salameña MT II- MHS	Background/History/Equipment/Costume Folk Dance 2: Sua con Sua Mr. Leopoldo Miranda
9:30-10:00	Break	Break	Break
10:00-11:00	Basic Position of the arms and feet Mr. Leopoldo Miranda MAPEH Teacher - AHIS	Continuation....	Basic Step of Sua con Sua Mr. Leopoldo Miranda
11:00-12:00	Basic Dance Steps and Patterns Mr. Arnold Cabaluna MT-1, HHIS	Demonstration /Performance Ms. Josefa Romano MAPEH Teacher-MHS	Demonstration / Group Performance All Participants
12:00-1:00	Lunch Break	Lunch Break	Lunch Break
1:00-2:00	Folk Dance 1: Tinikling Background/History/Equipment/Costume Mr. Leopoldo Miranda	Elements of Music Ms. Mylynn Mangaser MAPEH Teacher-BJNHS	Background/History/Equipment/Costume Folk Dance 3: Sainita Mr. Arnold Cabaluna MT 1-HHIS
2:00-3:00	Different Tinikling Dance Steps Mr. Leopoldo Miranda		Different Sainita Dance Steps Mr. Arnold Cabaluna
3:00-3:30	Break	Break	Break
3:30-5:00	Tinikling Choreography/ Group Performance	Demonstration/Performance Ms. Lara Maesa Camacho MAPEH Teacher-ERIS	Demonstration/ Group Performance
Facilitator: Ma. Teresa Carranza		Facilitator: Ms. Prudence Palon	Facilitator: Prima Dona Magno