



Republic of the Philippines
Department of Education
National Capital Region
DIVISION OF CITY SCHOOLS
City of Mandaluyong

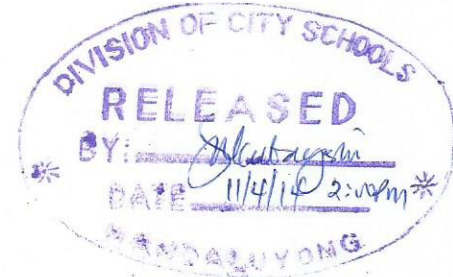
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Official Website: depedmandaluyong.wordpress.com



November 3, 2014

MEMORANDUM


TO : Education Program Supervisors
Public School District Supervisor
Public and Private School Principals



Heart to Heart 5: Expressive Arts as a Psychosocial Intervention

Attached is a communication of **Ms. Mae Ann B. Bonafe** of **Children and Youth Wellness Technical and Advocacy Center**, inviting guidance counselors to attend the **5-day live-in workshop** entitled: **Heart to Heart 5: Expressive Arts as a Psychosocial Intervention**, contents of which are self-explanatory.

Participation of both public and private schools shall be subject to the no-disruption of classes policy as stipulated in **DepEd Order No. 8, s.2005**, ensuring compliance therewith.


NERISSA L. LOSARIA, CESO VI
Officer In-Charge
Office of the Schools Division Superintendent



Republika ng Pilipinas
(Republic of the Philippines)
KAGAWARAN NG EDUKASYON
(DEPARTMENT OF EDUCATION)
PAMBANSANG PUNONG REHIYON
(NATIONAL CAPITAL REGION)
Daang Misamis, Bago Bantay, Lungsod Quezon
(Misamis St., Bago Bantay, Quezon City)

Department of Education
National Capital Region
RECORDS AND PUBLICATION UNIT

RELEASED

OCT 28 2014

DepEd – NCR Advisory No. 143, s. 2014
In compliance with DepEd Order No. 8, s. 2013
this advisory is issued for the information of DepEd officials and Personnel
October 24, 2014

“Heart to Heart 5: Expressive Arts as a Psychosocial Intervention”

Attached is the basic communication of Ms. Mae Ann B. Bonafe of Children and Youth Wellness Technical and Advocacy Center, inviting the participation of public and private guidance counselors to attend the 5 day live in workshop entitled: “Heart to Heart 5: Expressive Arts as a Psychosocial Intervention, contents of which are self-explanatory.

Participation of both public and private schools shall be subject to the no-disruption-of-classes policy as stipulated in DepEd Order No. 8, s. 2005 entitled Instituting Measures of Increase Engaged Time-on-Task and Ensuring Compliance Therewith.


LUZ S. ALMEDA
Director IV

7405

DIVISION OF CITY SCHOOLS	
RECEIVED	
By:	<u>Malou</u>
Date:	<u>28 OCT 2014</u>
Time:	<u>4:59 pm</u>
MANDALUYONG	



Children and Youth
Wellness Technical and
Advocacy Center
(CYWTAC)

Expressive WORKSHOPS 5

For details and registration please
contact CYWTAC, for any of the
following resources: 090-00000000
090-0000-0000 (090) 090-0000
090-0000-0000 (090) 090-0000
090-0000-0000 (090) 090-0000
090-0000-0000 (090) 090-0000

PRACTISING



December 15-19, 2014
Hermann Gmeiner National Training Center
Brgy. San Carlos, Lipa City



THE REGIONAL DIRECTOR
Department of Education (DepEd)

Dear Hon. Director;

Greetings!

Many Psychosocial Professionals will agree that children, teens and adults need more innovative ways to express rather than "talk therapy" alone. What our clients need now are caring professionals, with non-threatening helping-strategies, to empower emotional literacy and in turn allow guided-healing. Expressive therapy is a perfect way to allow people to communicate difficult thoughts and feelings through various artistic mediums.

Expressive Arts Therapy is a non- invasive, participatory approach to wellness by using various "art making" modalities. Expressive arts therapy uses the expressive arts—movement, art, music, writing, sound, and improvisation— in a supportive setting to facilitate growth and healing. It is a process of discovering the self through any art form that comes from an emotional depth.

The *Children and Youth Wellness Technical and Advocacy Center (CYWTAC), Inc.*, the first non-government organization to advocate for the integration of Expressive Arts in the Philippines organized a special **5 days live-in workshop** on expressive arts therapy entitled: "**Heart-to HeART 5: Expressive Arts as a Psychosocial Intervention**" showcasing four (4) sensory-based and aesthetic focused therapeutic modalities namely: ***Art Therapy, Therapeutic Dancing, Therapeutic Photography and Bibliotherapy*** this coming DECEMBER 15 - 19, 2014 (5 days) at **SOS Childrens Village- Hermann Gmeiner National Training Center, Brgy. San Carlos, Lipa City**. This very rare workshop is open to Social Workers, Counselors and other psychosocial professionals working with children, teens and adults.

The following registration rate applies for this workshop (inclusive of **accommodation and meals for the 5 days workshop, kits, workshop materials and training certificate**)

Early Bird Registration: P 7,000.00 (October - November 2014)

On Site: P 8,000.00 (December 1- 12)

To maximize the seminar workshop, we will limit the number of participants to only **fifty (50), so first payment; first reservation slot policy will be applied.**

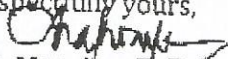
In this connection, may we once again request for your support by endorsing this workshop to **Public and Private Guidance Counselors.**

Participants are encouraged to pay their registration fee via bank deposit at any Banco de Oro (BDO) Branches, Account Name: Children & Youth Wellness Technical & Advocacy Center (CYWTAC), Inc., Account Number: 00-4250-1491-56.

Should you have queries Sir/Madam, please feel free to contact us in any of the following contact details:
052-4800353 (telefax)/ 0906.4084.960 (Globe)/ 0922.8670.941 (Sun) ; Email:
cywtac_legazpi@yahoo.com.ph.

Thank you and more power to DepEd!

Respectfully yours,



Ms. Mae Ann B. Bonafe
Workshop Secretariat Head

PROGRAM

Day 1 (Dec. 15, 2014)

- 8:00-10:00 - Registration
- 10:00-12:00 - Assignments of Accommodation
- 1:00-4:00 - Settling Down
- 1:00-4:00 - Introduction to Expressive Arts

Day 2 (Dec. 16)

- Art Therapy
(Dr. Marylendra A. Penetrante)

Day 3 (Dec 17)

- Therapeutic Dancing
(Mr. Raymund Marcaida)

Day 4 (Dec 18)

- Therapeutic Photography
(Charism Z. Sayat)

Day 5 (Dec 19)

- Bibliotherapy
(Dr. Marcia Corazon P. Rico)
- Closing Program

Day 2 (December 5, 2014)

- 8:00 - 11:30 Theme 2: *Abuse Prevention Strategies for Children*
- 11:30 - 1:00 lunch Break
- 1:00 - 4:00 Theme 3: *Anger Management for Teachers*

Day 3 (December 6, 2014)

- 8:00 - 11:00 Theme 4: *Emotion Management for Administrators*
- 11:00 - 12:00 Plenary
- 12:00 - 1:00 Closing Program